

Upon Arrival to the Hospital

Labor vs. Observation

- Brief verbal assessment then you will be in an observation or birthing room.
- **Exam** (internal) to determine **Dilation- Effacement- Station**
- **External fetal monitor** to assess fetal heart waves (TOCO)
- **Internal fetal monitor-** after bag of water ruptures is more accurate heart pattern.
- **Observation:** 1-3 hours to monitor cervical dilation changes
- **Active Labor:** Cervical changes, membranes are ruptured either spontaneously or manually.
- IV and medications will be considered.