

## **Preparation for Childbirth**

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## Outline:

Priorities by P. Smith PT.
Hospital Information
When to call the Doctor or Go to the birthing center/Hospital
COAT: Color- Odor-Amount-Time
Observation VS. Admission
Support Persons Helpful Hints
Group B. Streptococcus
Labor Induction-Cervidil
Anatomy of Mother/Baby during birth
Labor Management-Contractions- Pain control options/different phases of Labor
Birth of Baby
Cesarean Delivery
Third Trimester Pampering yourself
Post Partum Baby Blues/Depression and Psychosis